



LUTHERAN PRESCHOOL & DAYCARE

July 2022 Lunch Menu

Child's Name: _____ Teacher _____

To order lunch, please circle the dates you wish to purchase with drink choice, fill in child's name/teacher, and return to office 5 school days before the end of the month. Prepay at the office \$4 per lunch.

*** Any food that a child has an allergy to will be substituted ***

Every day on the menu our lunches have protein, fresh fruit and vegetables. All of the pastas are whole wheat and all the breads are whole wheat.

TOTAL ORDERED: _____

TOTAL DUE \$ _____

All lunches are prepaid and non refundable.

Emergency Lunches are \$5

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cheese Pizza, Fresh Fruit Cookie, Cooked veggies Milk choc Aj
4 SCHOOL CLOSED	5 Breakfast burrito (eggs, turkey, cheese) Tatter toast, Fresh Fruit Milk choc Aj	6 Turkey frank hotdog French fries Cooked Veggies , Fresh Fruit Milk choc Aj	7 Rolled Chicken Taquitos With Cheese Rice, Beans Fresh Fruit Milk choc Aj	8 Cheese Pizza, Fresh Fruit Cake, Cooked veggies Milk choc Aj
11 Chicken Fettucine Alfredo Cooked veggies, fresh fruit Milk Choc Aj	12 Home made French Toast Fresh Fruit, Eggs w/ Turkey Milk Choc Aj	13 Chicken Nuggets Tater Tots Fresh Fruit Cooked Veggies Milk Choc Aj	14 Breaded Fish Filet Mashed Potatoes Fresh Fruit Buttered Corn Milk Choc AJ	15 Cheese Pizza Cooked Carrots Fresh Fruit Cereal Treats Milk Choc Aj
18 Mac and Cheese w/ Ham Fresh Fruit Cooked Veggies Milk Choc Aj	19 Pancakes Fresh Fruit Eggs w/Turkey Milk Choc Aj	20 Whole Wheat Grilled Cheese w/Turkey Tater Tots, Fresh Fruit Milk Choc Aj	21 Whole Wheat Cheese Quesadillas w/Turkey Rice, beans Fresh Fruit Milk Choc Aj	22 Cheese pizza Fresh fruit Cooked veggies Jell-o Milk Choc Aj
25 Pasta with meatballs and marinara sauce Fresh fruit, buttered corn Milk Choc Aj	26 Waffles w/syrup Scrambled eggs w/turkey Fresh fruit, hash browns Milk Choc Aj	27 Homemade turkey hamburger French fries, fresh fruit Milk Choc Aj	28 Grilled chicken White rice, Mashed potatoes Fresh fruit Milk Choc Aj	29 Cheese pizza Fresh fruit Cooked veggies Cookie Milk Choc Aj



Happy 4th. Of July

